A pandemic means there is a lot of disease all over the world. As more people have gotten vaccinated and fewer people are getting sick with COVID-19, doctors are hopeful that the COVID-19 pandemic will come to an end soon. However, there will still be COVID-19 and some people will continue to get sick. This means that COVID-19 will become an endemic disease. Endemic means that there is still disease, but at a much lower rate. The flu is also an endemic disease. We know that we can live safely, even though COVID-19 is not completely gone.

We will need to continue to get a vaccine or booster shot. These shots are what activate the immune system in our body to help fight off the virus. Doctors develop vaccines for a variety of diseases, such as the flu, chickenpox, pneumonia, and now COVID-19.

We should continue to follow CDC guidelines. Always continue to wash your hands or use hand sanitizer regularly. Remember, you can always wear a mask if you are at a higher risk, or it makes you feel safer.

It is important to know what you can do to keep yourself healthy, so you can do the things you want to do and live safely.