

FGRBI Script for Providers in Cohort

Indiana First Steps is adopting a new way of providing early intervention services statewide. It is called Family Guided Routines Based Intervention, also known as FGRBI. It's a process that encourages family involvement in teaching and learning with their child. If we have already been working together, you may notice that I start doing things a little differently. I will explain as we go, but do not hesitate to ask questions.

- Not all providers are being trained at the same time. I am in one of the first groups, so I will be using some new strategies while I am working with you and your child. We will learn together!

What is FGRBI?

- FGRBI is a model that will help your child learn. It is based on research in child development and early intervention.
- The “FG” in FGRBI means **family guided**. It is called family guided because the family's interests, priorities, and beliefs guide the plan in addition to my knowledge and skills. I will learn from you and support you (when needed) to plan for your child's learning and development. Think of me as a coach. I will work with you to include strategies to help your child learn during your everyday activities and play. You will not be expected to do the intervention alone. I will be here to support you. Remember, you guide the plan and learn how to support each visit.
- The “RB” stands for **routines based**. The intervention occurs in your everyday activities and routines rather than special play or therapy times. We will identify what you and your child usually do like snack, play, story time, hand washing or other everyday activities important to your family. Everyday and frequently repeated activities are where children learn best!
- The “I” in FGRBI is for **intervention**. Intervention means supports and strategies that help your child learn and grow. Your child will continue to receive early intervention. It will just look a bit different. In FGRBI, I will be supporting you to work with your child rather than working directly with your child.
 - We will talk about strategies you are already using that help support your child's learning and then add other strategies when needed to continue your child's development.
 - I will show you different options to try, we will practice together to see what works, and then we will make a plan to continue to practice until we meet next.
 - You will always decide what works best for you and your child—you know your family best and my role is to help you feel confident in your abilities!

What will we do in a session?

- You may notice that I am encouraging you to participate more with your child. I am interested in what you and your child do during your day that could support your child's learning. We may talk more about:
 - What you do at home
 - What you do in the community

- What you enjoy doing with your child and family
 - What things you would like to do but may be a little difficult
- I am going to **listen and learn how I can support you** to teach your child *while you do what you need to do*.
- You may notice that I **spend time observing** you and your child interacting during each visit and asking questions about what works for you. We want to build on what you know and do. I will share information about strategies to use and why they are important for your child.
- I will be **focusing on using the materials and toys your child is familiar with** and will be using with you when I am not here.
 - For example: If a goal is to pick up and use small objects, we may practice with a spoon or crackers during snack, with blocks during play or even picking up grass and sticks from your back yard rather than a special object or toy that I bring.
- As your coach, I will be **teaching you how to build on the strategies you already know to encourage learning. We will practice new strategies with your child** and try them out in different routines and activities that occur in your day.
- Before each visit ends, we will **develop a plan** for what you are going to do until the next time we meet. Remember, you are the decision-maker. I will help you make the plan, but it is up to you to decide what strategies and routines will work for you throughout the week.