



Family Guided Routines Based Intervention

Indiana First Steps is adopting a new way of providing early intervention services statewide. It is called **Family Guided Routines Based Intervention**, also known as FGRBI. It's a process that encourages caregiver involvement in teaching and learning with their child. If we have already been working together, you may notice that I start doing things a little differently. I will explain as we go, but do not hesitate to ask questions.



- Not all providers are being trained at the same time. I am in one of the first groups, so I will be using some new strategies while I am working with you and the child. We will learn together!

What is FGRBI?

FGRBI is a model that will help the child learn best. It is based on research in child development and early intervention.

- The “FG” in FGRBI means family guided. It is called family guided because the family’s interests, priorities, and beliefs guide the plan in addition to my knowledge and skills. Your role as childcare provider is very important as well and we will utilize some of the routines and activities that happen in your care to embed intervention.
- The “RB” stands for routines based. The intervention occurs in your everyday activities and routines rather than special play or therapy times. We will identify learning opportunities that happen when the child is in your care such as snack, play, story time, hand washing or other everyday activities important to you. Every day and frequently repeated activities are where children learn best!
- The “I” in FGRBI is for intervention. Intervention means supports and strategies that will help the child learn and grow. The child will continue to receive early intervention. It will just look a bit different. In FGRBI, I will be supporting your work with the child rather than working directly with the child myself. We will talk about strategies you are already using that help support the child’s learning and then add other strategies when needed to continue their development.
- I will show you different options to try, we will practice together to see what works, and then we will make a plan to continue to practice until we meet next.

- You will always decide what works best for you and the child—You are already supporting this child in so many ways and you know so much about them!
- We will utilize your strengths as a childcare provider and offer additional ideas and strategies to support you both.



What will we do in a session?

- You may notice that I am encouraging you to participate more with the child. I am interested in what you and child are the do during your day that could support the child's learning.
- What about the other children in my care? They can be included as well! We will work together to find strategies that fit into your day as a childcare provider.
- You may notice that I spend time observing you and the child in your care interacting during each visit and asking questions about what works for you. We want to build on what you know and do. I will share information about strategies to use and why they are important for the child.
- I'll be leaving my toy bag in the car so we can focus on the materials and toys the child is familiar with, that you use everyday in your childcare setting.
- For example: If our goal is to pick up and use small objects, we may practice with a spoon or crackers during snack, with blocks during play or even picking up grass and sticks from the playground rather than a special object or toy that I bring.
- As your coach, I'll be teaching you how to build on the strategies you already know to encourage learning. We will practice new strategies and try them out in different routines and activities that occur in your day.
- Before each visit ends, we will develop a plan for what you are going to do until the next time we meet. Remember, you and the child's parents are the decision-makers in this process. I am here to support you in making a plan, but you will decide what strategies and routines work for you throughout the week.