

Talking to Families About FGRBI

The Indiana First Steps program is adopting a new way of providing early intervention services statewide. It is called Family Guided Routines-Based Intervention, also known as FGRBI.

- This practice is based upon research in child development and early intervention.
- Not all providers are being trained at the same time. I am in the (x) group so I will be learning about it and will be using some of the new ways while I am working with your child.
- If we were already working together, you may notice that I am doing some things a little differently now, so do not hesitate to ask me about it.

Here are some important things to know about FGRBI:

- FGRBI is all about focusing on what is important to you and your family, so I will ask lots of questions about:
 - How you do life in a typical day
 - What is most important to you about your child's learning
 - What your child likes to do
 - I will try my best to slip into your regular life and routines rather than coming in and doing something different
- Everything we work on together will use everyday life activities, like getting dressed, having snacks, or playing with toys. We know this is how children learn best.
 - For example: For a child, it is much more meaningful to practice going downstairs on the way to play outside than it is to go up and down steps in your home when it is not part of a routine the child is used to doing.
 - We will be using more of the toys and objects available in your child's natural environment, rather than me bringing in toys and materials.
- You know your child best, so you and I will be working closely together during our visits.
 - You might be surprised by how much time we spend talking and by how much time I will be observing you and your child interacting during the visit.
 - My goal is to get to know you and your child, and to help you problem-solve. But for the most part, you will be working with your child during the sessions, instead of me.
- During our visits we will work together to create opportunities to practice skills during your daily routines.
 - Because I am only here for an hour, what really matters is that you have some things to try in between visits that you feel confident about and that fit easily into the routines you already have.
 - Before I leave, we will always develop a plan for what we all are going to do until the next time we meet.

