



INDIANA INSTITUTE ON DISABILITY AND COMMUNITY
**INDIANA RESOURCE CENTER
FOR AUTISM**

**Family Support Webinar
Schedule and Video Guide
May 2020 - June 2021**

May 14, 2020

Understanding and Supporting Behavior

Presenter: Dr. Cathy Pratt, BCBA-D, Director, Indiana Resource Center for Autism and Indiana School Mental Health Initiative

This webinar provides helpful tips for assessing, understanding, and addressing behavioral challenges.

(Also found at: https://youtu.be/9ML_Zdw14G0)

June 4, 2020

Staying Social in the Summer

Presenter: Katherine Klingerman, Ed.S., BCaBA, Autism Consultant, Greater Lafayette Area Special Services (GLASS)

Kathy will give a brief overview of some key social skills needed when hanging out in the summer. She will give a few specific examples on ways you can encourage your child to interact with others, from acquaintances to family friends.

(Also found at: <https://youtu.be/4yjMN9O4eRU>)

June 11, 2020

Visuals, Timers, & Zoom - OH MY!

Presenter: Leslie Brown, B.S., Autism Specialist, Hamilton Southeastern Schools - FOCUS

Quick tips/ideas to use, today, at home and throughout environments during the summer as we continue to work through routines, and moving into next school year, whatever that may be!

(Also found at: <https://youtu.be/hR8Odb6AgI0>)

June 18, 2020

Building Executive Functioning Skills

Presenter: Amy Moore Gaffney, M.A., CCC-SLP, Educational Consultant, Indiana Resource Center for Autism

Ideas will be shared for practicing executive functioning skills in home settings, such as planning, organizing, and focusing.

(Also found at: <https://youtu.be/F7hQ2aDZ3bQ>)

June 25, 2020

For Parents of Newly Diagnosed Children: What Can I Do?

Presented by the ABA Work Group that consists of BCBAs from university programs and clinics, advocates, state agency personnel, family members, school district personnel and clinical programs. Finding answers and programs for your newly diagnosed child during this pandemic can be challenging at best. In this presentation, practitioners from across Indiana will be sharing tips, ideas and strategies to help you support your child during this time.

(Also found at: https://youtu.be/4xeNxf_7K4)

July 2, 2020

Puberty is Coming

Presenter: Melissa Dubie, M.S., Educational Consultant, Indiana Resource Center for Autism

Is your son/daughter starting or in the midst of puberty? This talk will give you some pointers on changes to look for and strategies to support your pre-teen.

(Also found at: <https://youtu.be/zqbHN7n2OYI>)

July 16, 2020

Preparing for the School Year: Post COVID

Presenters: Dr. Cathy Pratt, BCBA-D, Director, Indiana Resource Center for Autism and Indiana School Mental Health Initiative and Amy Gaffney, M.A., CCC-SLP, Educational Consultant, Indiana Resource Center for Autism

As parents prepare to send their child back to some form of schooling, there are many unknowns. This talk will include ideas or tips for re-entering the next stage of schooling to help relieve anxiety and maximize success.

(Also found at: https://youtu.be/OX5p_5NLuGA)

July 23, 2020

Transition to Adulthood: Planning for Life After High School

Presenter: Betty Lou Rowe, M.Ed., Educational Consultant, Indiana Resource Center for Autism

Thinking of the future is scary but necessary. This discussion will focus on the when and how to start planning for your child's future.

(Also found at: <https://youtu.be/KZzG1MeLxYg>)

July 27, 2020

Q&A with Dr. Nancy Holsapple, Indiana Director of Special Education

Presenter: Dr. Nancy Holsapple, the State Director of Special Education, Indiana Department of Education. Dr. Holsapple will be answering questions and providing updates for families related to the reopening of school and supports for students on the autism spectrum.

(Also found at: <https://youtu.be/I5mz9YCRiaY>)

July 30, 2020

Preparing for the Inevitable... Change

Presenter: Trina Schutte, Autism Leader and Behavior Consultant for Ripley-Ohio-Dearborn Special Education Cooperative

Changes in routine can bring forth feelings of anxiety and make home life difficult. This talk will include tips for preparing for the inevitable part of life...change.

(Also found at: <https://youtu.be/u4leMetcyhl>)

August 13, 2020

A Sensory Lifestyle

Presenter: Cheryl Boucher, MS, OTR/L, author, *I Hate to Write*

Sensory challenges are prevalent among individuals on the autism spectrum. This session is on building a sensory lifestyle and sensory strategies for your child.

(Also found at: <https://youtu.be/kGzkTic9eQk>)

August 27, 2020

Ways to Support Your Anxious or Upset Child

Presenter: Ann Sweet, M.S. CCC-SLP, BCBA, Autism Consultant, Carmel Clay Schools

It is not always easy to calm an upset child and real life means that we cannot always avoid the upset. This talk will offer strategies to intervene in the moment and ways to support our children in learning how to regulate their own emotions.

(Also found at: <https://youtu.be/77VhZ7xyKVM>)

October 12, 2020

Let's Get Setup for In-Home Learning

Presenters: Amy Moore Gaffney, M.A., CCC-SLP, Educational Consultant, Indiana Resource Center for Autism and Jared Piper, M.S., BCBA, Autism Consultant

Need ideas and tips for setting up learning spaces at home to help your student manage this new school environment? From furniture arrangement to discount store finds to setting up new routines, learn ways to add structure and organization to help your child be more successful with learning at home.

(Also found at: <https://youtu.be/vro9lXn8GPE>)

November 9, 2020

Girls on the Spectrum – Preparing for Puberty – Practical Tips from A Mom Who Has Been There!

Presenter: Michele Trivedi, MHA Manager, The Insurance Advocacy Resource Center, The Arc of Indiana

Michele Trivedi is the mom of a 23-year-old woman diagnosed with ASD. Michele speaks to parent, advocate, and provider audiences nationally on the topics of health insurance and health equity for people with special needs, as well as the caregiving experience from the parent perspective.

Overview: This presentation will talk candidly and openly about lessons learned from a mom who has been there about guiding your daughter diagnosed with ASD through puberty. It will include practical tips and resources, successes and failures and embarrassing topics that we will all get through together!

(Also found at: https://youtu.be/sVNenLzT2_A)

December 14, 2020

The Power of Concise, Consistent Language

Presenter: Karly Keiper, M.A. Ed., Specialist, West Central Indiana Special Services Cooperative

The use of concise and consistent language when interacting with persons with ASD is a simple, no-fuss strategy that yields exciting results! In this session, Karly will define the strategy, provide examples, and discuss challenges caregivers may face when implementing concise and consistent language in their home.

(Also found at: <https://youtu.be/i3pvmsRiV80>)

January 11, 2021

Introduction to the Family Services Waiver

Presenter: Rachel Deaton, B.A., Area Support Coordinator, Autism Society of Indiana

The presentation will provide an overview of the Family Services Waiver. The workshop will cover how the application process works and which services are offered with the Family Services Waiver.

(Also found at: <https://youtu.be/2fo1AZ7cY0I>)

January 25, 2021

Special Needs Planning: Legal and Financial Issues, Government Benefits and Employment

Presenters: Gordon Homes, CFP, CLU, ChFC, CASL, Special Care Planner and Parent and Elizabeth Homes, MBA, J.D., Special Needs Attorney and Sibling

This workshop will cover Guardianship and Supported Decision Making, Special Needs Trusts vs ABLE Accounts, Trust Funding, SSI, SSDI and Adult Child Benefits, Disability Medicaid, Waivers and Medicare, and the impact of Employment.

(also found at: https://youtu.be/l2st-Ap_k4A)

February 8, 2021

ASD: The Tip of the Iceberg... What Else Might Be Going On?

Presenter: Julie T. Steck, Ph.D., HSPP, Children's Resource Group (CRG)

This session will provide a brief overview of common co-existing conditions in individuals with ASD. The session will focus on how families may better understand these conditions and how to pursue additional supports and interventions.

(Also found at: <https://youtu.be/a-bn62mKogA>)

March 8, 2021

Positive Behavioral Supports in the Home to Address Anxiety, Executive Functioning, and Mood Dysregulation

Presenter: Anna Merrill, Ph.D., HSPP, Children's Resource Group (CRG)

Many children with ASD also struggle with executive functioning, emotional regulation, and managing their anxiety. This talk will describe examples of positive behavior interventions that parents can use at home to teach replacement behaviors and improve regulation skills.

(Also found at: <https://youtu.be/wy0PWQrFT-U>)

April 12, 2021

Building Partnerships with Schools: How to Be an Active Member of Your Child's Team

Presenters: Kathryn Orvis, Ph.D., Parent and Katherine Klingerman, Ed.S., BCaBA, Autism Consultant, Greater Lafayette Area Special Services

You and your child are the most important members of your child's school team. Building partnerships takes time and effective communication. Kathryn Orvis, parent, and Kathy Klingerman, autism consultant, will share a road map on how they built a collaborative relationship. Further, they will provide tips and helpful hints that may work for you.

(Also found at: <https://youtu.be/eD3YJIW02gs>)

May 10, 2021

Addressing Behavior: Tips and Strategies

Presenter: Dr. Cathy Pratt, BCBA-D, Director, Indiana Resource Center for Autism, and Indiana School Mental Health Initiative

When your son/daughter engages in problematic behaviors, knowing what to do can be challenging. This zoom will provide some helpful tips for families that can help in the home setting.

(Also found at: <https://youtu.be/t070p0Msrxs>)

June 14, 2021

Tips for Implementing ABA in the Home

Presenter: Lisa Steward, MA, BCBA, Clinical Director, Indiana Behavior Analysis Academy

Many of us recognize that Applied Behavior Analysis (ABA) is a very effective treatment option for children with Autism. However, we may not realize that principles of ABA can be utilized by parents and caregivers to reduce problematic behavior in the home and community settings. This training will cover basic principles of ABA that can help parents identify the cause (function) of behavior, teach preferred behavior (alternative behaviors), and create reward systems that increase motivation to change behavior.

(Also found at: <https://youtu.be/3G-ZhPII1U0>)