My Bedtime Routine

|  |  |  |
| --- | --- | --- |
|  |  | All Done |
|  | Pick up toys |  |
|  | Brush Teeth |  |
|  | Go Potty |  |
|  | Put on pajamas |  |
|  | Read Story |  |
|  | Get in Bed |  |

How to use: Edit this Bedtime Routine to fit your needs. Place the picture in the left column to show you child what needs to be done. When the activity if finished, have your child move the picture to the right “ALL DONE” column.

Pictures for Bedtime Routine

|  |  |  |
| --- | --- | --- |
| Pick up Toys  Put Away Picture | Brush TeethBrush Teeth Picture | Potty  Toilet Picture |
| pajamas  Pajamas Picture | book  Book Picture | bedtime  Sleep Picture |
| Clean Up  Clean Picture | Medicine  Medicine Picture | Bath  Bathtub Picture |
| Hugs  Hug Picture | Teddy bear  Teddy Bear Picture | blanket  Blanket Picture |