Family Self-Sufficiency Program

If you receive assistance under the Housing Choice Voucher program or public housing, you may be eligible for the Family Self-Sufficiency (FSS) program and could receive services that may include but are not limited to:

- Child care assistance
- Transportation
- Education
- Job training and employment counseling
- Substance/alcohol abuse treatment or counseling
- Household skill training
- Homeownership counseling

How it Works

With your local Housing Authority or Public Housing Agency, you may enter into a service plan and a contract that measures your family’s progress in achieving self-sufficiency. Self-sufficiency is defined as independence from public housing subsidies and welfare assistance. The head of the family is required to agree to seek and maintain suitable employment through the term of the FSS contract. Successful completion of the FSS program occurs when all of your family’s agreed-upon self-sufficiency objectives are met, or when 30 percent of your family’s adjusted monthly income equals or exceeds the fair market rent for the family’s housing unit.

The two main components of an FSS program are case management and the FSS escrow account. You will be provided with a case manager and will be provided with opportunities for education, job training, and counseling, together with services such as child care and transportation assistance.

As an additional incentive, the Housing Authority or Public Housing Agency will deposit funds into an FSS escrow account. This provides a you with reimbursement for some or all of the rental increases associated with increased income as long as your family complies with program rules. The amount of the contribution depends on your family’s original income level. FSS account contributions must be made at least annually.

When the FSS program is successfully completed, you will be given the full amount in the escrow account. Your family will receive no funds if the program is not successfully completed. There is no limit to the amount that you may accumulate in the FSS account. The housing authority stops contributing to the account once the FSS contract of participation is completed or terminated. Additionally, the Housing Authority or Public
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Housing Agency may elect to disburse funds from the FSS account if a participating family has fulfilled its interim goals and needs a portion of the FSS account funds to pay for education, work-related expenses, or for other purposes related to the goals of the family's FSS contract. For more information or to see if this work incentive is helpful to you, contact your local Housing Authority.