Supplemental Nutrition Assistance Program


What is SNAP?

SNAP stands for the Supplemental Nutrition Assistance Program (formerly the Food Stamp Program). SNAP helps low-income individuals and families buy the food they need for good health. You apply for benefits by completing a State application form. Benefits are provided on an electronic card that is used like an ATM card and accepted at most grocery stores and even many farmers markets.

Aren’t SNAP benefits considered welfare?

No. SNAP is a nutrition assistance program. It helps low income people buy nutritious food. It is not welfare.

Where do I obtain an application?

Your local Division of Family Resources (DFR) office may provide an application, or you can print one by going online at https://www.ifcem.com/CitizenPortal/application.do# and selecting either “Print Application” or “Apply Online.” Local DFR offices are listed by county at http://www.in.gov/fssa/dfr/2999.htm.

How long does it take to get benefits?

Normally the local DFR office has 30 days to make a decision on your case; however, if you meet certain criteria you may be determined to be eligible for expedited service, which means you should have your benefits within seven (7) days of applying. The determination about expedited service is made when you turn in your application based on the information provided at that time.

Can I get emergency SNAP benefits today?

When an application is turned in it is reviewed for expedited (or emergency) service. This review is based on the information entered on the application. It is important for you to fill out the expedited questions on the application so you can be considered for this service.

If you qualify, you will be given an interview appointment for the same day or following day, and if you qualify for expedited benefits, you will receive them by the 7th day after applying.
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Benefits are NEVER received the same day as the application.

To qualify for expedited benefits you must:

- Have less than $150 in gross monthly income and $100 or less in liquid resources (cash/checking/savings) the month that you apply.
- Have monthly rent/mortgage and utilities that are more than your gross monthly income and liquid resources.

The only verification needed for the first month is identity. Keep in mind, you may need to provide other verification documents as well, after the first month, in order to continue receiving benefits.

What do I have to provide when I apply?

You will need to provide the names, dates of birth, and Social Security numbers for all persons living in your home. In addition you will need to verify the income received by each person in your household. Also, you will need to provide proof of any court-ordered child support paid by a member of your household as well as any payments for shelter (rent or mortgage and utility costs). If there is a household member who is disabled or over age 60 and has out-of-pocket medical expenses (those medical expenses you are responsible for that are not covered by Medicare, Medicaid or other insurance), you will need to provide verification to get a deduction for these expenses. You should also provide documentation of any dependent child or adult care costs. Depending on your household’s specific situation, your DFR interviewer may also ask for additional documents or verification.

What happens at the interview appointment?

A DFR employee will ask questions about household composition, income, resources, and other information needed to determine eligibility. You will be given or mailed a form listing all needed information as well as a due date. You'll need to get the information to your DFR interviewer on or before that date. You will be mailed a notice regarding your eligibility after your case has been processed and your eligibility has been determined. The notice lists your appeal rights if you do not agree with the decision.

What household members’ information must be included for SNAP?

You will need to include information from those individuals who are living together and who are considered to be in a “mandatory relationship.” This includes married persons, children under age 22 who live with their parent(s), and individuals who eat together. Other people living in the household who may not receive benefits include ineligible aliens, students who do not meet certain criteria, anyone who has previously been convicted of a SNAP fraud, and boarders.

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Can you receive SNAP benefits if you also receive unemployment?
Yes, people who receive unemployment may still qualify for SNAP benefits.

Can you receive SNAP benefits if you receive SSI, disability-related Medicaid, or other disability or insurance benefits?
Yes, and if you get the SNAP benefits, it will not affect the other benefits.

Can you receive SNAP benefits if you have any resources?
Yes, your household may have up to $2,000 in resources (for most households). Households that contain an elderly or disabled member may have up to $3,000. Some assets, like your home and car(s) used for household transportation do not count. Other personal things like clothes, jewelry, furniture, and household goods also do not count.

Why can’t I get SNAP benefits if I have a felony drug conviction?
There is a federal law that states anyone with a drug conviction after August 22, 1996, is ineligible to receive SNAP benefits indefinitely. It is possible for state legislatures to override this federal law. To date, Indiana has not.

Can a student get SNAP benefits?
A student must meet one of several criteria to be eligible to receive benefits: They must be:

- working at least 20 hours per week (and receiving pay for the work),
- responsible for a child under six (6),
- a single parent with a child under 12,
- participating in higher education funded by the Workforce Investment Act,
- receiving TANF benefits, or
- participating in a work and training program.

What income is countable for SNAP?
Most common income is countable: earnings, unemployment compensation benefits, Social Security, SSI, pensions, contributions. There are some types of unearned income that are exempt by federal law.

How much SNAP assistance will I receive?
The dollar amount of benefits your household receives depends on the number of people in your household and your monthly net income. It is based on a table determined by the federal government, since SNAP is governed by the federal government but administered by state government.

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What can I buy with my SNAP benefits?
You can use your benefits like cash to buy food items at any store, supermarket, participating farmers market, or co-op approved by the USDA. Items that can be purchased with SNAP benefits include: breads and cereals, fruits and vegetables, meats, fish and poultry, dairy products, and seeds and plants that produce food for the household to eat.

How do I spend my SNAP benefits?
Once it is determined that you are eligible for SNAP benefits, an electronic request for a “Hoosier Works” card is automatically generated, and a card is mailed to your reported mailing address. You should normally receive it within 5-10 days. If you have previously received SNAP under your name, you will not be mailed a new Hoosier Works card. Your benefits will be put on your old card. If you have lost your old card or it is damaged you will need to call Customer Service at 1-877-768-5098 to obtain a new card. Keep in mind that once this is done, the old card will no longer work.

Will SNAP benefits provide all of my household’s food needs?
No. SNAP benefits are not intended to purchase all of a household’s meals for the month. Benefits are intended to supplement the household’s other income to help purchase healthy meals during the month. Eligible households are issued benefits monthly, based on the Thrifty Food Plan, which is a model diet plan established by the National Academy of Sciences.

What if I have questions about my case or benefits?
You may call the Indiana Family and Social Services Administration, toll free, at 1-800-403-0864, and you will be connected to Division of Family Resources staff.