For Social Security Disability Insurance (SSDI) beneficiaries, a range of sequential work incentives are available to provide you with continued benefits while you test your ability to work and earn wages. The first of those incentives, the Trial Work Period, helps you by allowing you to test your ability to work to your fullest potential while still receiving your full SSDI benefit.

2015 Fact Sheet on Work Incentives

Trial Work Period

The Trial Work Period allows you nine months during which you can initially test your ability to work to your fullest potential without restrictions on how much you can earn. During these nine months you can work and receive your full Social Security Disability Insurance (SSDI) benefit check no matter how much you earn.

How It Works

The Trial Work Period months (also called Service Months) are nine months, not necessarily in a row, during a 60-month (5-year) rolling period. In 2015, each month you earn gross wages of $780 or more, you have used a Trial Work Period month. The amount of earnings for Trial Work Period changes each year. Prior to 2014, the amount was less.

It is important to consult with a Community Work Incentives Coordinator or an Indiana Benefits Information Network Liaison and the Social Security Administration to understand if you are using Trial Work Period months, or may have used them in the past few years.

After the nine months of Trial Work Period are used, the Social Security Administration will also contact you to review your work activity. This is called a Continuing Disability Review. When you have used all of the Trial Work Period months, an Extended Period of Eligibility begins, and there are other work incentives available during the Extended Period of Eligibility.

A Community Work Incentives Coordinator or an Indiana Benefits Information Network Liaison can help you understand the Trial Work Period, how to track your Trial Work Period months and other work incentives that are applicable to you.

The information contained in this fact sheet has been reviewed by the Social Security Administration, Office of Employment Support Programs, for accuracy. However, the viewpoints of this fact sheet do not necessarily reflect the viewpoints of the Social Security Administration.