People in our Lives

Who are the important people? (list family, friends, direct care staff, and community people in your son/daughters life and contact information):

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Questions to Ask Yourself in Planning for the Future

Legal/Financial Planning
Do you have Legal guardianship of your son/daughter who is 18 years old or older?
Do you have information about the types of legal guardianships available?
Do you know the formal steps to become a guardian or establish partial guardianship?
Does your son/daughter need a guardian?
Do you know about possible assistance programs like SSI and SSDI, Medicaid, Medicaid Waivers, and Medicare?
Do you have information on Special Needs trusts? Have you written a letter of intent?
Do you have a will? If yes, who knows the content of the will and has copies or know where the will is kept?
Do you have a life insurance policy? If yes, where is it kept?

Residential Plans
Do you have plans for where your son/daughter will live? With relatives, friends or an apartment or home alone or with a roommate(s)? How much support will he/she need? What service provider will be providing services? Are services already in place and being received?
Is your son/daughter on a Medicaid Waiver or on the waiting list for one or more of Indiana’s Medicaid Waivers? It’s a good idea to check your waiting list status every year.
If not on Medicaid Waiver do you think he/she may be eligible for one? Have you contacted the Bureau of Developmental Disabilities Services Office (BDDS) for your county to apply or to learn more about services such as Medicaid Waivers, residential Services, Family Subsidy or other programs?
Does your son/daughter already live in a community setting? Where and how much support is needed? Who provides the support? How often do you see him/her? What involvement do you currently have? What supports do you still provide? What meetings do you attend regarding residential services?
Have you discussed financial and legal issues with the person that will oversee things when you are no longer able to do it?

Community Involvement
Are there family members and/or friends that your son/daughter enjoys spending time with? How can they be contacted?
Do you have a list of activities your son/daughter enjoys in the community?
Do you have a List of activities they don’t like to do?
What supports are provided for these activities in the community?
Are there other activities that your son/daughter would like to participate in? Who would you contact to get support to learn about other options?

Sharing Plans with Relatives and/or Close Friends
Siblings, other relatives, and close friends are often concerned and worry about the future plans for your son/daughter when you are gone and/or no longer able to support them. Start discussions of
Do you have a list of activities your son/daughter enjoys in the community?
Do you have a List of activities they don’t like to do?
What supports are provided for these activities in the community?
Are there other activities that your son/daughter would like to participate in? Who would you contact to get support to learn about other options?

Resources...
IPMG Corporate Office/Powerful Parents and Consumers Liaison
8555 Broadway
Suite 860
Merrillville, IN 46410
Phone: (866) 872-4764
Fax: (219) 738-9947

The Arc of Indiana
107 N. Pennsylvania St., Suite 800
Indianapolis, IN 46204
Phone: (317) 977-2373
Phone (Toll Free): (800) 382-9100
Fax: (317) 977-2385
Email: thearc@arcind.org
Web: www.arcind.org

Governor’s Council for People with Disabilities
Indiana Government Center South, Room E145
402 W. Washington Street
Indianapolis, IN 46204
Phone: (317) 232-7770
TTY: (317)232-7771
Fax: (317) 233-3712
Email: GPCPD@gpcpd.org
Web: www.gpcpd.org

Indiana Institute on Disability and Community
2853 East Tenth Street
Bloomington, IN 47408
Phone: (812) 855-6508
Indiana only: (800) 825-4733
Fax: (812) 855-9630
Email: sahauss@indiana.edu
Web: www.iidc.indiana.edu

Indiana Protection and Advocacy Services (IPAS)
4701 N. Keystone Ave., Suite 222
Indianapolis, IN 46205
TTY: (800) 838-1131
Web: www.in.gov/ipas/index.htm

The Bureau of Developmental Disabilities Services (BDDS) is a part of the State of Indiana’s Division of Disability and Rehabilitation Services within the Family and Social Services Administration. For more information about BDDS and to find a BDDS office near you, please visit www.in.gov/fsas/files/BDDSDistrictOfficeMap20090618.pdf.