

# PLACES WITH A PURPOSE: COMMUNITIES FOR A LIFETIME



Places...

✓ that promote social, physical, mental & emotional wellbeing for all ages and abilities

✓ where people exercise stewardship and have a sense they belong

Wednesday  
May 8, 2013  
9:00 - 4:00 p.m.

Ivy Tech Community College  
Hoosier Times Student Commons  
200 Daniels Way  
Bloomington, Indiana

Fee: \$10.00 (includes Lunch)

Register by May 6th:

- online: [www.ivytech.edu/cll](http://www.ivytech.edu/cll)  
(click "Register" on left)  
Enter course #31482-123
- Call Katrina Jones: 812-330-6042  
or e-mail [katjones@ivytech.edu](mailto:katjones@ivytech.edu)

Keynote Speaker

Jan Hively, Ph.D.  
Boston, Massachusetts

Encore  
Purpose Prize Fellow



Other Distinguished Speakers:

Zachary Benedict  
MKM architecture + design

M. Scott Ball  
Duany Plater-Zyberk Architects

Kim Irwin  
Health by Design



Communities for a Lifetime

Planning Livable Places for All Ages and Abilities  
[www.lifetimecommunities.org](http://www.lifetimecommunities.org)

Sponsors:

Center on Aging & Community at Indiana University,  
Pfizer Foundation, Grantmakers In Aging, Indiana  
Grantmakers Alliance, Community Foundation of Bloomington  
and Monroe County. Hosted by Ivy Tech Community College.

# SPEAKERS



**Purposeful Lives Create Good  
for Everyone**

**Jan Hively** is in the business of changing expectations for aging. Over the last dozen years since earning her doctorate from the University of Minnesota at age 69, she has co-founded a number of thriving peer networks and experiential learning programs focused on positive, productive aging.

In 2001, while a Senior Fellow at the University of Minnesota, she co-founded the Vital Aging Network (VAN, [www.vital-aging-network.org](http://www.vital-aging-network.org)). In 2004, she co-founded the Creative Arts and Aging Network (now known at Artsage, [www.artsagemn.org](http://www.artsagemn.org)). In 2006, Jan co-founded "SHiFT" -- a community network empowering midlife transitions to find meaning and purpose in life and work ([www.shiftonline.net](http://www.shiftonline.net)).

Since 2010, Jan has worked on the European Voices for Active Aging (EVAA) project, funded by the EU Commission to convene World Cafes for community leaders in six EU countries to discuss topics relevant to positive aging. She has also co-developed the "Advocacy Leadership for Positive Aging" curriculum for senior service providers working with clients to encourage proactive life planning. Jan's latest start-up is the "Pass It On" Network, an international exchange for innovative programs that promote creative, productive aging.

Dr. Hively's past careers were in city planning and administration and non-profit management. She has recently received a Lifetime Leadership Award from Fielding Graduate University and has been named a national Purpose Prize Fellow by Civic Ventures for her work as a social entrepreneur. Dr. Hively has earned advanced degrees from Harvard University and the University of Minnesota. She is the author or co-author of numerous publications, including "Live Smart after 50," published by the Life Planning Network, January 2013. Jan's mantra is "Meaningful work, paid or unpaid, through the last breath."



**Putting Health into Place**

**Kim Irwin** MPH is the Executive Director of the Alliance for Health Promotion and coordinates Health by Design, an initiative working at the overlap of the built environment and public health. Health by Design is a coalition of more than 500 partners from the public, private, and non-profit sectors with a mission to create an environment that promotes physical activity and protects the environment through education, advocacy and action. Its four priority goals are to: increase walking, biking and other public transit options; encourage land use decision making that promotes public health; increase neighborhood, city and regional connectivity; and reduce dependency on automobiles.

Kim has a Master of Public Health from the Indiana University School of Medicine Department of Public Health and an undergraduate degree from Northwestern University. Her work experience includes health promotion activities and program and administrative management for the American Lung Association, the IU School of Medicine, and in senior services. She currently serves on the Board of Directors for Improving Kids' Environment and the steering committee of the Indiana Healthy Weight Initiative.



**Urban Form and Purposeful Aging**

**M. Scott Ball** M. Arch. is Senior Project Manager, Lifelong Communities at Duany Plater-Zyberk Architects and Town Planners. Scott is author of *Livable Communities for Aging Populations* (2012). This important book provides architects and designers with critical guidance on urban planning and building design that allows people to age in their own homes and communities. The focus is on lifelong neighborhoods, where healthcare and accessibility needs of residents can be met throughout their entire life cycle. The work explores the full range of factors involved in designing for an aging population—from social, economic, and public health policies to land use, business models, and built form. Ball examines in detail a number of case studies of communities that have implemented life-long solutions, discussing how to apply these best practices to communities large and small, new and existing, urban and rural. Other topics include:

- How healthcare and disability can be integrated into an urban environment as a lifelong function
- The need for partnership between healthcare providers, community support services, and real-estate developers
- How to handle project financing and take advantage of lessons learned in the senior housing industry



**Retrofitting Cities and Towns for All Ages and Abilities**

**Zachary Benedict** AIA, LEED AP, is a Partner at MKM architecture + design, an architecture and planning firm dedicated to enhancing community health and wellness through design. With an extensive background in urban design and revitalization, his work focuses on the future of the American Midwest and the socio-economic benefits of walkable intergenerational communities. Through these efforts, coupled with an appreciation towards the likes of Milton Freidman and Monty Python, he has lectured nationally on various topics – discussions whose primary focus is to encourage communities to reevaluate the importance of vibrant social networks.

Zach is an alumnus of the Ball State College of Architecture and Planning (CAP). He has been a community activist in promoting the redevelopment of downtown Fort Wayne and multiple small Indiana cities and towns. He recently received CAP's Outstanding Achievement Alumni Award and was also chosen as one of Fort Wayne Business Weekly's "40 under 40."

**CAN INDIANA TOWNS AND CITIES  
BECOME LIFETIME COMMUNITIES?**

*Join your friends and future friends  
in a creative workshop designed  
to answer this question!*