

DAILY HEALTH CHECK

Instructions

When a staff member reports for work, observe the staff member and/or ask the following questions:

1. Check:

Behavior: Typical or atypical for time of day and circumstances
Ability to provide care for children is not diminished due to illness or injury

Appearance:

- a. **Skin:** pale, flushed, rash
- b. **Eyes, Nose, Mouth:** is there discharge, is the staff member rubbing eyes nose or mouth, note color.
- c. **Breathing:** normal or different; is there a cough

2. Ask staff member – if observation or discussion warrants

- a. Any change in health status that could affect work
- b. Do you feel able to perform the tasks you normally do
- c. Did the child have anything to drink/eat today
- d. Any unusual events that might influence their ability to perform their duties.