



1

GET ORGANIZED

Wash your hands.

Gather what you need:

- ✓ non-absorbent, disposable paper (recommended) or pad
- ✓ fresh diaper
- ✓ clean clothes (if necessary)
- ✓ plastic bag for soiled items
- ✓ disposable wipes
- ✓ gloves (recommended)
- ✓ diaper cream, removed from container and placed on a disposable tissue

Put on disposable gloves.



2

CARRY CHILD TO DIAPERING AREA

Avoid contact with clothing soiled with urine or stool (germs).

- Gently place child on diapering surface.

Always keep a hand on the child.

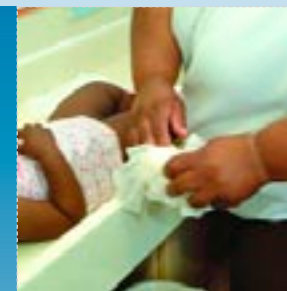
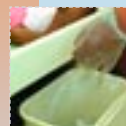
- Remove child's clothes, shoes and socks as needed.
- Place soiled clothes in plastic bag. Close securely for sending home. *Do not rinse.*



3

CLEAN THE CHILD

- Remove stool and urine from front to back.
- Use fresh wipe or dampened paper towel with each front to back cleaning.
- Place soiled wipe or paper towel in plastic-lined, hands-free, covered trash receptacle.



4

REMOVE SOILED DIAPER

IMMEDIATELY put disposable diaper in a plastic-lined, hands-free, covered trash receptacle.

Put soiled reusable diaper and/or soiled clothes in a plastic bag, close securely, for sending home. Do not rinse.

Remove gloves.

Dispose of immediately.

Clean your hands with a disposable wipe.

Clean the child's hands with a fresh disposable wipe.

If disposable paper is used, fold from the feet over any spills under the child.

Diapering Procedure



5

PUT A CLEAN DIAPER ON THE CHILD

- Slide fresh diaper under child.
- Use tissue to apply needed diapering cream. Discard tissue in plastic-lined, hands-free, covered trash receptacle.
- Adjust and fasten diaper.
- Finish clothing child.



6

WASH CHILD'S HANDS

Take child to the sink. Hold child and wash child's hands with soap and water.

If child can stand, wash your hands in the adult hand washing sink and then assist child as necessary to wash their hands in the child handwashing sink.

If you are unable to hold the child for handwashing and the child cannot stand at the sink, use commercial disposable wipe to clean child's hands: between fingers, and both sides to the wrist. OR use the three paper towel method: the first damp and soapy for washing, the second damp for rinsing and the third to dry hands.

Return child to supervised area.



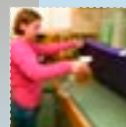
CLEAN, RINSE, SANITIZE DIAPERING AREA

7

- If paper liner is used, dispose of paper liner in a plastic-lined, hands-free, covered trash receptacle.
- Spray and wipe **entire** diapering area with detergent solution.
- Rinse with water.
- Spray **entire** diapering area with sanitizing solution.

If a pad is used, spray both sides of the pad and the changing table surface with detergent solution. Rinse with water. Spray both sides of the pad and the changing table surface with sanitizing solution.

Let sanitizing solution sit for 2 minutes. Air-dry or wipe dry.

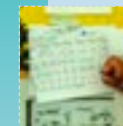


8

WASH YOUR HANDS

- Put cleaning and sanitizing solutions away.
- Wash your hands.

Record diaper change, diaper's contents, and any problems in daily log.



North Carolina Child Care Health & Safety Resource Center • 1.800.367.2229 • www.healthychildcarenc.org • The development, translation, and mailing of the Diapering Procedure Poster are supported by funding from the Child Care and Development Fund Block Grant of the Child Care Bureau, Administration on Children and Families, USDHHS, through a contract between the NC Division of Child Development, NCDHHS, and the Department of Maternal and Child Health, School of Public Health, The University of North Carolina at Chapel Hill.