

SANITATION/STERILIZATION PROCEDURES FOR BOTTLES, NIPPLES, COLLARS, CAPS

1. Pre-wash in hot detergent water. Scrub the bottles and nipples inside and out with bottle and nipple brush. Squeeze water through nipple hole during wash.
2. Rinse well with clean, hot water.
3. Rolling boil: bottles, nipples, collars, caps, and tongs for no more than one (1) minute.
4. Air dry.
5. Hands must be clean and care taken in handling techniques to prevent contamination of clean bottles/nipples.
6. Store all items separately in a clean, covered, labeled container, away from food.

OR

1. Bottles, bottle caps, nipples, and other equipment used for bottle feeding, may be cleaned and sanitized in an approved commercial (Licensed Child Care Centers/Unlicensed Registered Child Care Ministries) or household (Class 1 and Class 11 Licensed Homes only) dishwasher.
2. Once dry, item must be stored separately in a clean, covered, labeled container, away from food.

Reference: National Health and Safety Performance Standards: Guidelines for Out-of-Home Child Care; 2nd Ed.

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