

## Self-Assessment of a Home Visit

Coachee Name: \_\_\_\_\_ Date of Home Visit: \_\_\_\_\_

**Instructions:** This document is to use to gauge how often you engaged in these practices during your last Home Visit. Take this document with you to fill out after you leave the family's home. See how you did! These are effective practices for home visits designed to engage families in First Steps. Read each statement and use the 1 to 5 scales to show how often you used each practice in your last Home Visit. The last column is for you to write examples of what you did, concerns, or thoughts about the practices.

*For detailed explanations of the Home Visiting Practices listed here, refer to your **Home Visiting Practice Descriptions** worksheet.*

Home Visiting Practices	I am doing this now ...					Comments Examples Thoughts
	Not at all	1	2	3	4	
<b>Checking-In</b>						
I check in with the family/caregiver to find out how their week is going to get a feel for whether or not family priorities have shifted since last visit?	1	2	3	4	5	
I remind the caregiver of the action plan from the previous session and see how the action plan went for their family?	1	2	3	4	5	
I use open-ended questions to assess the multiple perspectives of family members/caregivers?	1	2	3	4	5	
I use follow-up questions to assess the multiple perspectives of family members/caregivers?	1	2	3	4	5	
<b>Feedback</b>						
I provide supportive feedback to caregiver based on caregiver-child interactions?	1	2	3	4	5	
I provide informational feedback to caregivers based on questions or caregiver-child interactions?	1	2	3	4	5	

PAUSE Framework		
I adjust the session activities and conversation based on family/caregiver response (i.e. family seeming disengaged)?	1 2 3 4 5	
Modeling		
I model or demonstrate an idea or strategy that Home Visitor and caregiver have developed together, so that caregiver can see it in action?	1 2 3 4 5	
Co-Creating Action Plans		
I check in with the family at the end of the session to see if the session went well for the family, or if there are adjustments that can be made?	1 2 3 4 5	
I work with family to co-create an action plan for the next session, including activities to do during the time until then?	1 2 3 4 5	
Setting Expectations		
I effectively set the stage for families regarding involvement in First Steps, including descriptions of provider roles, service coordinator roles, and family roles?	1 2 3 4 5	