

How will we reach our goal in First Steps?

By working together...

**Your Service Coordinator
and Ongoing Providers...**

- Will check in with you to see how your family and kiddo are doing
- Always treat you and your family as part of the team
- Look for and acknowledges family strengths
- Provide honest and complete information so that you can make decisions
- Explain why they are giving you information, ideas, or suggestions
- Understand that every family is unique!



The Caregiver...

That's **YOU!**

- You share information about your child and family and the routines you have
- You are open about what is working well or not very well
- You let providers know when things change with your family and situation
- You recognize that providers are in your home to work with YOU!



*We reach the
goals you have
set for your
family and
your child!*



First Steps is centered on your family

Why?

We work with you to try new things and see what works and what does not, but at the end of the day, you are your child's most important teacher. We come to you, focus on parts of your daily life that you tell us are important, and use materials that are already present in your home. You see everything we do because we ask you to be right there with us for every session. That way we can explain what we are doing and why. When we walk out that door, therapy continues with the ones they love the most.

What does my Service Coordinator do?

- They make sure you have everything that you need so that First Steps works for you!
- They use your expertise to write up a plan for what First Steps will work on with you
- They check in every once in a while to ensure that the services you are receiving are working for you, and to see if you need any support from me
- They connect you with resources outside of First Steps, when you tell me you need something

Okay so what about my Ongoing Service Provider, or Therapist?

- They listen to what parts of the day are the most important for your family to work on, like playtime, bath time, dinner, or more
- They brainstorm with you different ideas of what to try, and we see what works or doesn't work
- If you want, they can show you how to try new ideas in working with your kiddo
- They can talk with you about how kids grow, new parenting ideas, and where in the community you can find more help for your child's learning
- Before they leave your home, you work together to come up with a plan for what to work on until the next visit

Then what do I do?

- No one knows your child better than you do. As a parent, you know their cries, their giggles and their moods. Your child also knows your voice, your smell, and your touch—even from birth! For this reason, you are a critical member of the early intervention team. Some parents think that they don't have anything to add, but trust us, you DO.
- Your job on the team is to share lots of information about your child and to be part of every session. Being a part means observing, asking questions, and trying things with your child and the provider.