Voices4Hope for youth with mental health challenges
Do you support students who have mental health challenges?
Do you struggle finding appropriate opportunities to talk about their challenges?
Have you considered peer supports via technology as an opportunity where students can learn more about themselves?

Voices4Hope was created by and for teenagers and young adults with mental health challenges as a place where they can talk to each other and gain access to information that will help them live more happy and independent lives.

Voices4Hope offers you:

- Tips on how to achieve your goals
- Resources to help you overcome certain challenges
- The chance to share your personal story
- The opportunity to join Hot Topic discussion

Click [here](#) to learn more