

## Indiana Resource Center for Autism:

**Working on  
Behalf of  
Individuals  
Across the**

# Autism Spectrum

Indiana  
Resource  
Center for  
**A**utism

[www.iidc.indiana.edu/irca](http://www.iidc.indiana.edu/irca)

## Bottom line... we are here to help.



**For more information,  
contact the:**

### Indiana Resource Center for Autism

Indiana Institute on Disability and  
Community  
1905 North Range Road  
Bloomington, IN 47408-9801

Phone: (812) 855-6508

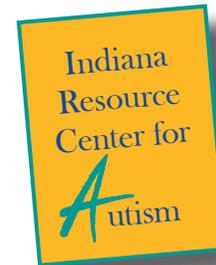
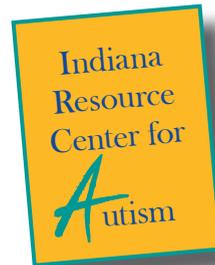
FAX: (812) 855-9630

Email Dr. Cathy Pratt, BCBA-D (Director):  
prattc@indiana.edu

Email Pam Anderson (Outreach  
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Visit our website at  
[www.iidc.indiana.edu/irca](http://www.iidc.indiana.edu/irca)  
or check us out on Facebook and  
Twitter.

## Have a Vision • Make a Plan • Be Informed



- **Engage in individual consultations.** Consults assist in crisis situations and help programs implement evidence-based practices on behalf of specific individuals.
- **Coach schools** in the implementation of evidence-based practices. Extensive monthly coaching in individual schools is available across Indiana. Some demonstration sites are available for others to observe.
- **Participate in national, state, and local organizations.** This involvement by IRCA staff brings regional and national initiatives to Indiana.
- **Respond to numerous emails and calls.** Family members, individuals with ASD, professionals and interested community members contact IRCA requesting assistance, guidance and resources

related to programming and service options. IRCA staff are available to answer questions about topics including, autism spectrum disorders, communication, sensory programming, evidence-based practices, ABA, insurance coverage, services in Indiana, and other relevant topics.

As Indiana's statewide autism center, IRCA is committed to responding with accurate and timely information that addresses the needs of individuals across the autism spectrum and across the lifespan.

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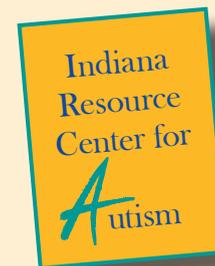
Recognizing the increasing incidence of Autism Spectrum Disorders (ASD), the Indiana Resource Center for Autism (IRCA) staff are actively engaged in work that leads to improved outcomes for individuals with an ASD and their families. The work of IRCA covers a wide range of activities focused on providing professionals, family members, and individuals on the autism spectrum with the knowledge and skills to support children and adults in typical early intervention, school, community, work, postsecondary and home settings.

People on the autism spectrum typically have a combination of difficulties communicating, interacting with others socially, and processing sensory information. Many are highly interested in specific topics, objects or movements, and some engage in problematic and challenging behaviors. Additionally, some individuals on the autism spectrum have other conditions related to mental health such as anxiety and obsessive compulsive disorders, and some experience other disabilities like Fragile X, hearing impairments, seizures, and other secondary medical conditions. Recognizing both the increasing incidence of ASDs and the increasing complexity of issues some individual's present, IRCA staff work in collaboration with agencies, organizations, and families to build their local capacity to enhance the quality of life for individuals with ASD and their families.

## Why Contact the Indiana Resource Center for Autism?

As the state legislated program for Indiana, IRCA staff assist family members, professionals, individuals across the autism spectrum, and interested others in a variety of ways. IRCA staff:

- **Develop and distribute a free electronic newsletter.** This publication provides information on IRCA related training events, and articles on topics such as applied behavior analysis (ABA), structured teaching, communication, technology, personal management, evidence-based practices, services in Indiana, and many other relevant topics.  
*To be added to the newsletter list, go to <http://www.iidc.indiana.edu/index.php?pageId=281> or email us at [prattc@indiana.edu](mailto:prattc@indiana.edu).*
- **Organize and conduct local, regional, and statewide training events.** These training events and workshops are designed to meet the needs of local agencies, organizations, and families.
- **Conduct webinars and other online training options.** These online training options offer general information as well as information specifically for family members, professionals, and individuals on the autism spectrum.



- **Engage in applied research.** IRCA research projects focus on strategies and policies that enhance the quality of life for individuals across the autism spectrum.
- **Conduct a Needs Assessment Survey.** The purpose of this survey is to gather data from families about the status of programs and services related to individuals across the autism spectrum. This information is presented to Indiana's Legislative Commission on Autism and is used to inform autism-related policy in the state of Indiana.
- **Maintain a library** collection of relevant books, materials, DVDs, and videos for public distribution across Indiana. This service is free for Indiana residents. Library materials housed in the Institute's lending library collection are listed online as part of Indiana University's library system at <http://www.iucat.iu.edu/>.
- **Maintain a comprehensive website.** The IRCA website includes resources for professionals, families and individuals on the autism spectrum ([www.iidc.indiana.edu/irca](http://www.iidc.indiana.edu/irca)). IRCA also maintains an active presence on social media such as Facebook and Twitter.
- **Conduct outreach activities for families.** IRCA supports local parent groups via information expos and other events.
- **Support students** at Indiana University, Bloomington and Ivy Tech Community College. A self-directed Club (SOS: Students on the Spectrum) provides a social network for students as well as provides information that supports them during their university/college experience.
- **Train school-based teams in Indiana.** Intensive training on educating and supporting students with ASD is offered annually. Once trained, ongoing support is available to assist individual teams within their local school district.
- **Organize ongoing work** with a network of autism leaders across the state of Indiana. This network supports local efforts, and is an extension of the autism team training. The list of autism leaders in every special education planning district can be accessed on our website.