The Incredible 5 Point Scale

**Hurting touch.** This touch is against the law. This touch is mean touch and is scary and hurtful. You will get in trouble for this kind of touch.

**Threatening touch.** This touch does not actually hurt, but it will make another person think you are mad even if you are not. Always explain yourself to the other person for this kind of touch. You will get in trouble for this kind of touch.

**Startling touch.** This touch might startle another person. When you accidentally bump into someone, it is probably a 3. Saying “excuse me” or “I’m sorry” usually helps the other person understand.

**Friendly touch.** This would be the kind of touch that everyone knows is friendly, like shaking hands or giving high-fives. Be sure the other person knows you are going to use touch, or your friendly touch may turn out to be a 3.

**No touch at all.** If you are having trouble with touch, this is a good place to be while you are learning about how and when it is OK to touch other people.