My Friend Has Autism

My friend has autism. Having autism means that my friend may think and feel differently than I do. My friend may hear or taste or see or smell more or less than I do. My friend may not like the same tastes that I do. My friend may not like to be touched by people or things like I do either.

My friend may need to move around more than me too. Moving around may help my friend to think better. Sometimes trying to sit still and stay quiet can be hard for my friend. My friend may get nervous when there is too much movement or sound.

My friend may have special interests. They may be really good at some things that I do not do very well. My friend may also have trouble learning some new things that I think are easy. My friend may play with toys differently than me. My friend might like to play with the same toys in the same way over and over. My friend may have a hard time playing with or talking with me.

I can be a good friend by trying to remember that it is okay for my friend to be different than me. I can be a good friend by trying to be kind and doing what I am supposed to. I can use nice words and stay calm even when things don't go my way. A good friend is patient and tries to be kind and caring.