When Someone Dies

People are alive. They see, hear, feel things, eat, drink, move, breathe and sleep.

I am alive. I see, hear, feel things, eat, drink, move, breathe, and sleep.

Everyone dies at some time.

People die from a sickness, an accident, or when they are old and their body stops working.

When people die, their body stops working. They cannot see, hear, feel things, eat, drink, move, or breathe.

When people die, they do not come back.

My special person died and is not coming back.

I miss my special person and may feel sad, mad, or confused and I may cry.

It is OK to feel this way and cry.

I can think of all the fun and happy times I had with my special person.

Soon I will feel better and be happy again.

I know that my special person will always love me and I will always love them.

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